1. How often do you consume soft drinks?

- □ More than once a day
- \Box Few times a week
- \Box Only on special occasions
- Never
- 2. Do you think that the packaging affects the ingredients of Soft Drink products?
 - □ Yes
 - 🗆 No
- 3. Do you ever read the ingredient list on the back of the soft drink?
 - Yes
 - 🗆 No
- 4. Are you familiar with the health concerns of consuming too much soft drinks?
- □ Yes
- 🗆 No
- 5. Do you think so called Diet Soft Drinks are healthier than the usual Soft Drinks? □ Yes
 - 🗆 No
- 6. Which one of the following ingredients is found in Soft Drinks?
 - □ Water and high fructose corn syrup
 - \Box Acesulfame K(E950)
 - □ Citric Acid
 - □ Ginseng
- 7. Why do you think Acids are added to Soft Drinks?
 - \Box To enhance the flavour and taste
 - □ To create fizziness in the Soft Drink
 - \Box To control the pH of the Soft Drink
- 8. Do you know what the ingredient Malic Acid is responsible for in Soft Drinks?
 - \Box To give a sour taste
 - \Box To enhance the sweetness
 - \Box Responsible for the colour of the drink
- 9. Which ingredient is responsible for giving energy in soft drinks?
 - □ Caffeine
 - □ Ginseng
 - Sugar
- 10. Do you think Soft Drinks have any nutritional value? Motivate your answer.

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