

QUESTIONNAIRE

MILK & YOGHURT

(Circle/Tick where appropriate)

1. Gender (Tick appropriate box)

Male Female

2. Age

12-17 18-32 33-40

3. How often do you consume dairy products?

- a. Daily
- b. Once a week
- c. Once a month

4. Do you ever check the label of your product for ingredients?

Yes No

5. Do you get allergic reactions from eating dairy products?

- a. Yes
- b. No

6. Do you know the difference between pasteurised and non-pasteurised milk?

- a. Yes
- b. No
- c. Sort of

7. Do you know the difference between processed and non-processed cheese?

- a. Yes
- b. No
- c. Sort of

8. Why do you eat dairy products?

- a. It tastes good
- b. Because of the nutritional content
- c. It's part of a recommended diet

9. Do you know anything about CASEIN?

- a. Yes
- b. No
- c. Sort of

10. What do you think is the purpose of CASEIN in dairy products?

QUESTIONNAIRE

MILK & YOGHURT

(Circle/Tick where appropriate)

1. Gender (Tick appropriate box)

Male Female

2. Age

12-17 18-32 33-40

3. How often do you consume dairy products?

- d. Daily
- e. Once a week
- f. Once a month

4. Do you ever check the label of your product for ingredients?

Yes No

5. Do you get allergic reactions from eating dairy products?

- c. Yes
- d. No

6. Do you know the difference between pasteurised and non-pasteurised milk?

- a. Yes
- b. No
- c. Sort of

7. Do you know the difference between processed and non-processed cheese?

- a. Yes
- b. No
- c. Sort of

8. Why do you eat dairy products?

- a. It tastes good
- b. Because of the nutritional content
- c. It's part of a recommended diet

9. Do you know anything about CASEIN?

- a. Yes
- b. No
- c. Sort of

10. What do you think is the purpose of CASEIN in dairy products?
