

Group name: milk and yoghurt

Gender: **Age:** **Name:**

1. Do you drink milk?(circle)
Yes No
2. Which milk do you prefer?
 - a. Full cream milk
 - b. Low fat milk
 - c. Soya milk
3. Why do you prefer the chosen milk in the previous question, because :
 - a. It is affordable
 - b. Healthy
 - c. Has a better taste
 - d. Has certain additives in the milk
 - e. To obtain enough calcium
4. Do you know the use of preservatives and colourants in milk and yoghurt products?
Yes No
5. Do you read the ingredients on your dairy products?
Yes No
6. How long do you think milk last for/
.....
7. What factors influence dairy products life span?
 - a. Temperature
 - b. Packaging
 - c. Storage
8. In which dairy products is there water
 - a. Condense milk
 - b. Soya milk
 - c. Full cream milk
 - d. Low fat milk
9. How often do you consume dairy products (milk and yoghurt)
 - a. 1-3 times a week
 - b. 4-7 times a week
10. How much glasses of milk must you drink to get your recommended daily calcium?
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